

GOVERNOR'S ADVISORY COUNCIL ON AGING

Meeting Minutes February 8, 2008

Council Members & Liaisons Present

Paul Herrmann (Chair), Joyce Finkelstein (Vice-Chair), Lynn Adler, Kati Bates, Bill Engler, George A. Evanoff, Bernadine Hoffman, Marilyn Johnson, Sharon McKinley, Doyle Meredith, Bernadette Polley, Barry Spiker, Lynn Larson (DES), Jill Harrison (WACOG/AAA), Ramona Rusinak (DHS), Pamela Schoenstene (AHCCCS), Pam Stevenson (AG's Office)

Council Members and Liaisons Not Present

Erin Klug (ADI)

Council Staff Present

Melanie Starns, Cathy De Lisa, Shawn Trobia, Dan Plumhoff, Elsa Gaynor, Sylvia Chuka

Guests Present

Nancy Gilliam (Senator John Kyl's Office), Dr. Eric Reiman (Director, Arizona Alzheimer's Consortium), David Jerman (Administrative Director, Arizona Alzheimer's Consortium)

Call to Order, Welcome, Introductions & Approval of Minutes

Council Chair Paul Herrmann called the meeting to order at 9:04 a.m., and a welcome and introduction period followed. *Minutes from the January 11, 2008 meeting were reviewed and approved through a motion made by Mr. Doyle Meredith and seconded by Mr. Bill Engler. The motion passed unanimously.*

Action Items Follow-Up and Executive Director's Report

Annual Report, Orientation Manual, & By-Law Updates

Deputy Executive Director Cathy De Lisa provided an overview of the changes made to the Council's Orientation Manual as requested at the January 11, 2008 Council meeting, and she noted that all updated manual appendices will be copied and distributed at the March 7, 2008 Council meeting.

Travel Reimbursements

Executive Director Melanie Starns discussed the travel reimbursement process, specifically noting the distribution of reimbursement checks to council members. Additionally, Ms. Starns emphasized the importance of completing the required paperwork for generating an Employee Identification Number (EIN) in a timely fashion, so as to ensure both compliance with state mandated changes to the travel process, and to expedite the reimbursement of funds to the individual Council members.

Council Membership Update

Ms. Starns informed the Council of a possible Council applicant identified by the Northern Arizona Area Agency on Aging, and she stated that more information on the applicant should be available from the Governor's Office of Boards and Commissions at a later date. Additionally, Ms. Starns spoke to the importance of drawing in a diverse pool of potential applicants from outside of Maricopa County.

Website Changes

Ms. Starns alerted the Council to the changes made to the home page for Governor Napolitano's Office, and she provided the Council with the updated information for accessing that page; however, the Council's actual website address of www.azgovernor.gov/gaca has not changed. Additionally, Ms. Starns discussed the procedures and timeframes that the Council staff will adhere to for the posting of Council Minutes, Agendas, and Public Meeting Notices to the Council website. A discussion ensued regarding the process and timelines for amending and finalizing agenda items and the proposed timeline was agreed upon through the consensus of the Council members. A copy of the draft "Procedures and Timeframes for Agendas, Minutes, and Public Meeting Notices" is available through the Council Office. An additional date for the submission of agenda items by Council members and liaisons will be added.

Speaking Engagements

Ms. Starns provided a description of her speaking engagements for the month of February, and she provided an overview of the February 12, 2008 meeting of the International Association of Law Enforcement Planners at which she will be presenting the Governor's Aging 2020 Plan. A copy of Ms. Starns speaking engagements for the month of February is available through the Council Office.

Committee Reports and Voting on Committee Motions

Executive Committee

Council Chair Paul Herrmann reported that the Executive Committee discussed the procedures for positing Council Minutes, Agendas, and Public Meeting Notices in accordance with public meeting law requirements, and reviewed the Cross-Cutting Track and related conference items for the 2008 Governor's Conference on Aging.

Legislative & Policy Coordinating Committee

Committee Chair Sharon McKinley provided a brief overview of the presentation delivered to the Legislative Policy Coordinating Committee at the February 7, 2008 meeting by Dr. Janet Woldt, Associate Dean of Academic Assessment at the A.T. Still University of Health Sciences, School of Dentistry & Oral Health. Ms. McKinley stated that she thought Ms. Woldt's presentation was very worthwhile. Ms. McKinley also noted that the Committee had not discussed their other priority, transit, and that the Committee will work to identify a potential speaker to present that issue at the March 7, 2008 Committee meeting.

Mature Workforce Committee

Committee Chair George Evanoff reported that the Mature Workforce Committee held a very productive meeting on February 7, 2008, and that they discussed the Mature Worker track for the 2008 Conference and recommended speaker assignments. Additionally, Mr. Evanoff noted that

the Committee has approved the Mature Worker logo drawn up by the Arizona Department of Commerce Graphic Design Division, and that the Committee has no resolutions to come forward with at this time.

Social, Health & Alzheimer's Committee

Committee Chair Doyle Meredith reported that the Social, Health & Alzheimer's Committee's February 7, 2008 meeting was an enthusiastic one in which the Falls Prevention Sub-Committee reported that the Virginia G. Piper Charitable Trust has been confirmed as a conference sponsor, and that the Foundation may be able to bring in an additional national speaker to the preconference intensive. Additionally, Mr. Meredith noted that the Informal Caregiving Sub-Committee may have also identified a prominent sponsor for the conference, and that flyers for the March 13, 2008 Caregiver Rally at the Capitol Lawn have been distributed. Mr. Meredith also stated that the Committee is progressing well in regards to the 2008 Conference, and that the Committee is a great group of individuals.

Liaison Reports

Department of Health Services (DHS)

Ms. Ramona Rusinak reported that the Department of Health Services is currently in the process of writing a new grant related to chronic disease self-management in older adults – to compliment the evidence-based chronic disease management project currently underway – and is providing technical assistance to the Intertribal Council of Arizona with their plans for a Native American National Resource Center for Health Promotion. Additionally, representatives of DHS will be speaking on the issue of aging and the incidence of falls among older individuals to the Epidemiology Division within the University of Arizona's College of Public Health at the February 22, 2008 Tucson Medical Center's regional conference on Behavioral Health and Older Adults hosted by the Regional Behavioral Health Authority. Furthermore, Ms. Rusinak stated that through the chronic disease self-management project currently underway through a grant from the U.S. Administration on Aging, the Dept. of Health Services is working with Area Agencies on Aging in order to develop Lay Leaders and Master Trainers in evidence-based disease management approaches. The grant will also include the development of a six week course to train individuals with chronic conditions. Ms. Rusinak noted that implementing the grant will be a "group process" and that the second year of the grant will include enhancing fitness, identifying community leaders, and creating infrastructure in communities for evidencebased programs.

Department of Economic Security (DES)

Ms. Lynn Larson reported that DES Division of Adult and Aging Services (DAAS) has hired Ms. Jessica Serbezo as the new Training Coordinator for Adult Protective Services, and that they are working in collaboration with the Governor's Office on Aging (GOA), several local Emergency Management Agencies, and the eight Area Agencies on Aging (AAA) to host an Emergency Preparedness training event on March 6, 2008. Additionally, DAAS is in the planning stages of implementing the Lifespan Respite program (established by the Legislature in 2007) which is geared towards caregivers not receiving respite services through other public funding sources.

Attorney General's Office (AG)

Ms. Pam Stevenson reported that the AG's Office is participating in the behavioral health conference on February 22nd and is currently tracking legislation pertaining to reverse mortgages in order to educate and counsel consumers on the various clauses, details and language contained within these documents. A discussion ensued regarding the regulation of mortgage brokers, and Ms. Stevenson informed the Council that no such regulations currently exist in Arizona. Additionally, Ms. Stevenson discussed the amended fees for credit freezes, and the upcoming Crime and Fraud Forums scheduled for February 19, 2008 in Phoenix and February 28, 2008 in Yuma, and she noted the importance of preventing identity theft, internet fraud, and financial and physical abuse among the elderly. A discussion ensued, and Council members Kati Bates and Sharon McKinley offered to assist with the upcoming forums in their respective communities through staffing a table with resources and materials for distribution.

Area Agencies on Aging

Ms. Jill Harrison of the Arizona Association of Area Agencies on Aging reported that the AAA State Directors, AHCCS, DHS, DES and GOA met on January 30 and January 31, 2008, and discussion included evidence-based programming and advocating the importance of services in danger of being cut by the legislative budget. Additionally, Ms. Harrison acknowledged Ms. Ramona Rusinak of DHS for helping to get Master Trainers in all areas, and she confirmed that she has made contact with two of the state's regional AAA to discuss the possibility of regional representatives "showcasing" their individual region to the Council on a rotating basis throughout the year. Furthermore, Ms. Harrison noted that ITCA and NACOG are willing to present to the Council at the March and April meetings. Ms. Harrison then opened for a discussion to determine which topics the Council would like for her organization to focus on when providing its monthly update, and it was agreed that Ms. Starns and Ms. Harrison will coordinate a schedule of possible dates for the regional entities to present to the Council throughout the remainder of 2008. Ms. Starns will present the tentative schedule of dates to the Executive Committee at the March 6, 2008 meeting, and Ms. Harrison will provide the Council with "showcase paragraphs" highlighting each region's plans and accomplishments at the March 7, 2008 meeting.

AHCCCS

Ms. Pamela Schoenstene of AHCCCS announced Self-Directed Attendant Care training with contractors next week and the goal to have SDAC in operation by April. Ms. Schoenstene provided an overview of ALTCS enrollment statistics by county throughout Arizona, and she reported that her organization is currently working towards CMS approval of a transition program aimed at assisting ALTCS members in moving to non-restrictive and appropriate environments outside of nursing homes who are without household goods, furniture and utility/deposit related services. Additionally, Ms Schoenstene announced that she will be meeting with Bridgeway and Scan Health, the two new program contractors added in 2008. Furthermore, Long term care and Acute Care Request For Proposals (RFP) went out February 1st, which includes \$1 Million in acute care. These responses are due by March 28th, and the Responses are subsequently scored and awarded accordingly. A copy of Ms. Schoenstene's handout is available through the Council Office.

Break

The Council adjourned for a ten minute break at 10:15 a.m.

Governor's Conference on Aging Discussion

Timelines

Ms. Starns stated that she will prepare a written summary of the conference timeline and deliver that document to the Council by the end of February 2008.

Session Schedules

Ms. Starns confirmed that Governor Napolitano and Attorney General Terry Goddard will present as keynote speakers for the conference, and Ms. Pam Stevenson noted that Mr. Joe Garagiola has declined the offer to speak. Furthermore, the Council has identified former Governor Rose Mofford as its first choice for an additional keynote speaker, with Mr. Alice Cooper as a second speaker.

Sponsorships

Ms. Starns stated that the Council staff will be sending out additional conference sponsorship packets on Monday, February 11, 2008, and she encouraged the Council members to contact herself and Ms. Shawn Trobia to identify potential sponsorship opportunities. Additionally, Council Chair Paul Herrmann stated that the Executive Committee discussed the issue of presenting resolutions to the Council in order to provide the Council staff with the ability to expedite certain decision making activities and daily administrative duties without having to postpone such action until the activity in question can be brought forward at monthly Council meetings. The resolution was unanimously passed through a motion made by Ms. Bernadette Polley and seconded by Ms. Lynn Adler.

Lunch

The Council adjourned for lunch at 11:18 a.m. for approximately 42 minutes.

Guest Presentation

Dr. Eric Reiman, Director of the Arizona Alzheimer's Consortium delivered a presentation on the work of his organization, and the urgency in finding effective treatments to end Alzheimer's disease. Additionally, Dr. Reiman provided an overview of the disease, and he spoke on the corresponding behavioral changes as well as the human and financial toll which adversely impacts both the afflicted individual and their primary family caregivers. Dr. Reiman emphasized the importance of addressing the disease at the present time, and he noted the collaboration of the Consortium in creating statewide research labs "without walls." Furthermore, Dr. Reiman announced that the Arizona Alzheimer's Consortium will be holding their Annual Symposium at the Renaissance Hotel in Glendale on May 30, 2008. A copy of Dr. Reiman's presentational handout is available through the Council Office.

<u>Updates/New Business/Announcements</u>

 Council Chair Paul Herrmann presented Council members George Evanoff, Doyle Meredith and Barry Spiker with slices of birthday cake in celebration of their February birthdays, and Ms. Starns wrote down all of the Council member's birthdays in order to continue the tradition at future meetings

- Council member Bernadine Hoffman noted that Cox Cable channel 123 delivers Arizona state government access programming, and that it is an excellent resource for tracking the legislative session.
- Council Chair Paul Herrmann reminded the Council that if they should speak with a legislator they must do so as an individual citizen and not as a representative of the Council.
- O Council member Marilyn Johnson noted the functionality and ease with which she was able to navigate the Jobing.com website, and Ms. Trobia announced that she will identify all instructions and specifics for the next Jobing.com Sub-Committee meeting within the next week, and she will alert the Council to this information via the electronic public meeting notice that will be sent out for the March 7, 2008 Council meeting.

Call to the Public

As there were no members of the public present, there were no comments from the public.

Action Items

- Ms. De Lisa will provide copies of all updated manual appendices for distribution at the March 7, 2008 Council meeting.
- Ms. Starns will add an additional date for submission of agenda items by Council members and liaisons to the draft "Procedures and Timeframes for Agendas, Minutes, and Public Meeting Notices."
- o The Legislative Policy Coordinating Committee will identify a potential speaker to present on the issue of transit for the March 7, 2008.
- Ms. Starns will present a tentative schedule of dates (coordinated with Ms. Harrison for the Area Agency on Aging regional entities to present to the Council during the remainder of 2008) to the Executive Committee at the March 6, 2008 meeting, and Ms. Harrison will provide the Council with "showcase paragraphs" highlighting each region's plans and accomplishments at the March 7, 2008 meeting.
- o Ms. Starns will prepare a written summary of the 2008 Governor's Conference on Aging timeline and deliver that document to the Council by the end of February 2008.
- o The Council staff will send out additional conference sponsorship packets on Monday, February 11, 2008, and as needed once potential sponsors are identified.
- o Ms. Trobia will identify all instructions and specifics for the next Jobing.com Sub-Committee meeting within the next week, and she will alert the Council to this information via the electronic public meeting notice that will be sent out for the March 7, 2008 Council meeting.

Adjournment

Meeting adjourned by Council Chair Paul Herrmann at 1:25 p.m.

Next Meeting

The next meeting of the Governor's Advisory Council on Aging will be Friday, March 7, 2008 at 9:00 a.m. in the State Executive Tower, Second Floor Conference Room. These meetings are open to the public.